



PEDAL UPDATE

THE BICYCLE INSTITUTE OF SA
MONTHLY NEWSLETTER

Welcome to the Bicycle Institute's September 2015 Pedal Update

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What we've been up to

Radio Adelaide Interview

BISA chair Ian Radbone was interviewed by Radio Adelaide earlier this month, discussing the new laws that the government will introduce concerning allowing cyclists to ride on footpaths, and requiring motorists to give a metre clearance when passing cyclists. You can listen to this interview (10 minutes) by downloading Radio Adelaide's [podcast](#).

Bicycle confidence building course for refugees

We've put in an application under DPTI's community grants to fund a program to help refugees cycle around the city. If we're successful, we will work with Bikes for Refugees and the Adelaide City Council to mount a training program covering basic skills, road rules etc, as well as providing each course participant with a bicycle reconditioned by Bikes for Refugees.

Submission on Randell Park

Randell Park is on the hills face between Mitcham and Belair. The City of Mitcham has released consultation documents that include the option of a new bike path that would be an alternative to Old Belair Road. Unfortunately the option has some shortcomings. In our submission we have offered to help to produce a route that would be a good alternative to Old Belair Road. You can read our submission [here](#).

Operation moving traffic input

BISA has been asked to provide ideas about simple, cheap things that can be done to encourage people to cycle rather than drive. You may have received an email asking for ideas. Thanks to those who responded. We are putting them together to feed to DPTI.

Type 2 diabetes, the looming crisis

Once again the rising tide of Diabetes Type 2 surfaced recently in InDaily, this [article](#) running closely after another report on the growing obesity problem in South Australia. Poor diet and lack of exercise seem to be the main offenders with a distinctive lack of primary health care allowing the epidemic to grow. The Bicycle Institute, among many others, has lobbied for greater expenditure on active transport for years citing health as a one of a myriad of benefits in this type of investment. We can only hope that the various levels of Government takes active transport seriously and invests more than small change in the infrastructure required to get people physically moving.

Secure bike parking in the city - time for new management

Former BISA President Peter Lumb has been looking at the secure bicycle facilities that are available for rent. Apart from one in the Myer Centre, all have been installed by Adelaide City Council, and most of these were installed under Council's former Bicycle Action Plan.

Peter's investigations have revealed a pretty dismal picture, with general neglect and a very low level of use.

The saddest is probably that for the Central Market – lockers and bike racks for 50 bikes, according to ACC only 3 customers. We visited it twice during the day: once in March (1 bike present) and in once in May (no bikes present).

All the Adelaide City Council's secure bicycle parking is operated by the Council's car park arm, UPark. They were asked to provide information on hiring costs and utilisation. UPark's attitude is typified by the response of the officer



concerned when she was asked if she would like to see a copy of our report, “no, not really”.

It’s time the Council let out the management of its secure bike parking to someone who cares.

You can read Peter's report [here](#).

Two more councils consider 40km/h speed limit on local roads

The City of Norwood, Payneham and St Peters and the City of Charles Sturt are both considering the imposition of a 40km/h speed limit on their local streets.

Trying to bring about changes across the whole council area in this way faces a big hurdle: the state government requires demonstrated two third's community support before it allows any move to 40k/ph. (This is despite the government's own road safety strategy pointing out the obvious safety benefits.) It is much easier to get this support in a single suburb than for a whole council.

The Norwood Residents Association is holding a public meeting on the matter, to be addressed by Mark Parnell MLC (and BISA member). It is on Wednesday 30 September, 7.30pm at the Don Pyatt Hall, George Street (rear of Norwood Town Hall).

Latest infrastructure: even little changes help

Last month BI featured some excellent infrastructure built by the Burnside Council. Not quite as innovative is work by the Adelaide City Council.

This work is located at the West Tce/Sir Donald Bradman Drive



intersection. Cyclists and pedestrians now have their own lanterns, so no longer are at risk when crossing the slipway (as vehicles often failed to yield to pedestrians). The at grade treatment is also a nice touch, thus giving the West Tce shared path a ‘finished’ feel.

If you know of new infrastructure that our members should be aware for please send an email to editor@bisa.asn.au.

Ride to Work Day

BISA will be at the Adelaide City Council's Ride to Work Day event. Join us before work at Victoria Square/Tarntanyangga on Wednesday 14 October, 7-9am.

Cycle Aware: Driving with Bikes - PhD Scholarship Opportunity

The Australia Research Council recently awarded funding for the project Cycle Aware: Driving with Bikes. This national project investigates whether and how new drivers learn to engage with cyclists through the driver licence attainment process. Findings from the research will be used in developing education and training materials to assist drivers to interact safely with cyclists. The project involves researchers from the University of Adelaide, Monash University and Queensland University of Technology.

A PhD scholarship based at the University of Adelaide has been made available for the project. This scholarship is a great opportunity for someone who has a first class honours degree (or Masters equivalent), is keen to create safer cyclist-motorist interactions, wants to be part of a committed and energetic cycling research team and is interested in building a research career. [Contact Dr Jennifer Bonham](#) for more information (scholarship applications close in October)!

Future Transport Festival, Wednesday 21 - Sunday 25 October

The Conservation SA's Future Transport Festival will be held at the Joinery, 111 Franklin Street, Adelaide (the old bus station) to coincide with the World Solar Challenge. It will be packed full of exhibitions, workshops, presentations and electric car displays. Keep an eye on the [CCSA's website](#) for more details.

From our [Facebook page](#).

Here are some features from our Facebook page over the past month. Why not like us?

The google driverless car is having to learn how to deal with a cyclist who is track standing.



Google robo-car suffers brain freeze after seeing hipster cyclist

Stephen Merrett Melbourne taxis now using this sticker - perhaps one amongst many small incentives worth considering



'Give cyclists and pedestrians better protection during roadworks' says Ian Manning



Regular cyclists are 140% more likely than the average Australian to nominate the Adelaide Hills as somewhere they'd like to visit.



Ride on: the holiday habits of regular cyclists

For some people, cycling is an enjoyable pastime; for others, it's a way of life, even influencing their holiday activities, attitudes and preferences.

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We are always looking for contributions. Send any stories, ideas or feedback to the editor@bisa.asn.au

Road Hazards? Call DPTI: 1800 018 313

Reporting Dangerous Drivers? Call Traffic Watch: 131 444

www.sapolice.sa.gov.au/sapol/road_safety/traffic_watch.jsp